



# PERMANENT MAKE UP

## PRE-TREATMENT ADVICE

We kindly request that you adhere to our pre-treatment advice to ensure that your experience at Pro Touch Beauty is nothing short of exceptional. By following these guidelines, you will help us provide you with the best possible treatment and achieve optimal results.

Following these pre-treatment guidelines will help ensure that your skin is in the best possible condition for the permanent make-up procedure and promote optimal healing and long-lasting results.

## CONTACT

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## PRE-TREATMENT INFORMATION

- Inform Your Technician: Prior to your appointment, inform the technician about any medical conditions, allergies, or medications you are currently taking. This includes autoimmune diseases, diabetes, blood disorders, and any other relevant health information to ensure your safety during the procedure.
- Patch testing is optional for semi-permanent make up if you would like one please contact the salon at least 24 hours prior to your appointment.
- You must NOT take, vitamins, ibuprofen, aspirin or anti-inflammatories for at least 72 hours prior to booking (unless prescribed)
- If you can please stop taking vitamin supplements 3-7 days before your treatment including fish oil and vitamin e. (unless prescribed)
- Stop Using Retinol Products: Discontinue the use of retinol or vitamin A-based skincare products, including creams and serums, for at least one week prior to your appointment.
- Avoid alcohol and coffee intake at least 48 hours prior to treatment
- if you are allergic to nickel or numbing cream a patch test is advisable.
- To follow easy aftercare please ensure you wash your hair prior to your appointment.
- Eat before your appointment.
- Hydrate and Nourish Your Skin It is important to keep your skin well-hydrated and moisturized in the days leading up to your appointment. Drink plenty of water and use a gentle moisturizer to maintain skin health and enhance pigment retention.
- Avoid Sun Exposure: Minimize sun exposure and tanning, including the use of tanning beds, for at least two weeks before your appointment.

## THE DAY OF YOUR PROCEDURE

The day of your Permanent Cosmetics treatment will start with a consultation where we will carefully analyse your features and colouring and review your requirements and expectations.

Topical numbing agents are applied to the procedure area keeping you completely comfortable for the entire duration. We will test suitable pigment colours for your skin and draw on your template. Once we are fully satisfied with the template we will proceed with the procedure.

Immediately following the procedure the enhancement may display mild redness and occasionally a slight localised swelling. This should go down within 24-48 hours. The initial procedure will be more enhanced and prominent however the colour will lighten and fade down to your desired look. The colour of the pigment will appear much darker the next day. The healing process normally takes 4 weeks and it is only then that we can assess your cosmetic procedure and make any improvements on your top up session which is due 4 - 12 weeks after the first procedure.

A complimentary aftercare kit is provided on the day of your procedure with a guide to help you look after your enhancement. You then follow the same aftercare each time you have the procedure done.

## AM I SUITABLE FOR TREATMENT?

It is crucial to find out if you are suitable for make-up prior to your appointment. It is important to have open and honest communication with your technician to address any concerns or questions you may have and to make informed decisions about your beauty journey.

Clients who would like a permanent make up procedure need to ensure they are suitable for the treatment before attending their appointment.

If any of the following applies you are NOT SUITABLE to have the procedure and you CANNOT be treated:

- Pregnant or breastfeeding - please wait at least 3 months after
- Under the age of 18
- Suffer from keloid scarring
- Suffer from hemophilia
- Have any infectious, anti-immune diseases
- Blood conditions such as HIV or Hepatitis
- Have active cold sores, blisters, or skin disorders in the area to be treated

If any of the following applies you can still have the treatment however the following applies:

- Take blood thinners (warfarin) - you need your doctor's written consent (emails accepted)
- Take roaccutane / Antabuse / acne medication - must wait at least 6 months to have treatment
- Epilepsy seizure in the last 2 years
- Had an operation in the last 3 months (including cesareans, breast augmentations etc) must wait 3 months
- 6 weeks pre or post-radiotherapy/chemotherapy
- Had permanent makeup done before elsewhere and is very badly saturated and scarred - a consultation is required.

## EYEBROW PRE-ADVICE

- Brow tinting should only be performed 7-14 days prior to treatment
- Please wait 2 weeks post botox or fillers to have a brow treatment
- Please allow your eyebrows to grow out and avoid plucking, waxing or tweezing. This allows the technician to have a clear understanding of your natural hair growth pattern and shape the brows accordingly.
- If you prefer a specific brow shape or have a reference image in mind, communicate this with your technician during the consultation. They can then work together with you to achieve the desired shape that suits your facial features.
- Healthy Skin: Prior to your appointment, maintain the overall health of your skin. Keep your eyebrows and surrounding skin clean, well-hydrated, and moisturized. This will assist in the healing process and ensure better pigment retention.
- Avoid using any staining products on your brows 5-7 days before treatment.

## LIP PRE-ADVICE

- For lip treatments, if you suffer from cold sores you will need to get a 5 day course of Aciclovir Cold Sore Medication. Even if you haven't had an outbreak in years you will need to take it as tattooing can stimulate the virus to appear. Begin taking it 2 days before your treatment. This can be purchased online at a pharmacy - please remember you will need another 5 day course for the 6-8 week top up.
- Keep Lips Hydrated: Ensure that your lips are well-hydrated and moisturized in the days leading up to your appointment. Drink plenty of water regularly apply a lip balm to prevent dryness and help with the healing process.
- Exfoliate Gently: Exfoliating your lips a few days before your appointment can help remove any flaky or dead skin, allowing for better pigment application. Use a gentle lip scrub or a soft toothbrush in circular motions to exfoliate.
- Avoid Lip Treatments: Refrain from getting any lip-enhancing treatments, such as lip fillers or injections, at least two weeks prior to your lip tattoo appointment. This allows your lips to fully recover and ensures a smooth canvas for the tattoo procedure.

## EYE PRE-ADVICE

- For semi-permanent eyeliner treatments, lash extensions need to be removed prior to your appointment.
- Avoid eye make up on the day of your procedure if you can,
- If you typically wear contact lenses, it is recommended to wear glasses to your appointment.
- It is important not to undergo any lash treatments for at least 7-14 days prior to the procedure.