



# PERMANENT MAKE UP AFTERCARE ADVICE

It is absolutely vital to take the aftercare advice seriously in order to attain the best possible results from your treatment. Responsibility lies solely with you to follow the guidance correctly and with patience – as the healing process may not happen quickly. Remember, this is a professional procedure, and you must treat it with the utmost care and diligence to achieve optimal results. Never hesitate to ask your practitioner for further guidance and advice on aftercare, as every detail counts. By staying informed and dedicated to aftercare, you can ensure a faster and more successful healing process.

## CONTACT



01323 728913



info@protouchbeauty.com



51 South street, Eastbourne. BN21 4SL

## SALINE AFTERCARE

During the first three days after the procedure, it is normal for the wound to weep lymph, blood, and fluid, which can be blotted off with a slightly moist cotton pad or gauze with sterile water or saline. Avoid soaking the area and only blot with gentle pressure. Post-inflammation may occur immediately following the procedure, resulting in redness on fairer skin tones and darker tones on darker skin types, which should subside after 48 hours.

To clean the area, blotting and cleaning should be done 2-3 times a day. Using a slightly damp cotton pad with saline or sterile cool boiled water. After 48 hours, the area will become dry and tight, and a scab will begin to form.

From day 3 to 7, it is recommended to apply a small amount of aftercare balm (the size of a grain of rice) on the treated area to soothe the skin and prevent scarring. Prior to each application, ensure that the brows are cleaned according to the method above. If any irritation occurs, immediately stop using the ointment and cleanse the area with cool boiled water, letting it dry naturally.

Clients should be advised that the treated area may appear lighter around 10-14 days following removal due to the ghosting stage, similar to that of permanent makeup healing. The treated area can take 4-6 weeks to fully heal and lighten, and treatments can only be performed every 6-8 weeks.

## GENERAL INFORMATION

All initial treatments require a top-up between 4 to 12 weeks later, which is not included in the initial treatment cost. Please check our website for our latest price list. Failure to attend the top-up session could result in less than desired results and additional costs or charges.

To maintain your permanent makeup treatment in perfect condition, a retouch is typically required every 12 to 30 months. This timeline depends on variables including individual skin type, lifestyle, medication, skin factors, and how well the pigment is retained.

To prevent the pigment from fading for as long as possible, it's important to avoid excessive sun exposure and use sunscreen with a minimum SPF of 50. If you're planning on having an MRI, chemical peel, or any skin or laser treatment, please inform your technician that you have had a permanent makeup treatment.

Following a permanent makeup procedure, you may not be eligible to give blood for at least 6 months. If you have Botox or fillers in the area to be treated, it is recommended to wait at least two weeks before the procedure.

If you have any questions, you can contact the salon via telephone or social media. Thank you for choosing Pro Touch Beauty for your cosmetic procedure, and we hope to see you again soon!

## COSMETIC PROCEDURES

After any cosmetic procedure, proper aftercare is crucial for optimal results. For those who have undergone brow and lip procedures, an aftercare ointment is provided. It is important to keep in mind that before and after applying the ointment, washing your hands is crucial to prevent the spread of bacteria.

During the first six days after the treatment, it is normal to experience flaking, scabbing, tenderness, dryness, and itchiness. The area may also experience swelling and redness within 48 hours. It's important not to force the removal of scabs or flakes by picking, scratching or removing the pigment.

For the first 14 days after the treatment, you should avoid:

- Use hot water on the area treated.
- Use soaps, cleansers, baby wipes, make up wipes or even scrub the pigmented area.
- Put make-up on the treated area.
- Use chlorine pools, Jacuzzis, steam rooms or saunas.
- Have hot, steamy, long showers or baths.
- Put any acid products or harsh skin care products on the pigmented area or around.
- Use sunbeds (try to avoid all sun exposure to the area).

To ensure proper after-care for your procedure, be mindful when washing your hair to tilt your head back and avoid getting water or products on the pigmented area. It is best to use lukewarm water, and you may have a visor included in your after-care kit to help with this. It is common for the area to appear lighter after 7 to 14 days due to flaking, and it may take up to week 4 for the true color to resurface. This is why a top-up appointment is recommended 4 to 12 weeks after the initial procedure, which includes retouching, shape adjustments, additional color, and any necessary alterations. Following these guidelines can ensure the best results for your procedure.

## EYEBROW AFTERCARE

For the first three days after your brow treatment, it is important to gently clean and wipe your brows with a damp cotton pad and cool boiled water. After each cleansing session, apply a thin layer of the provided ointment. From the fourth day, apply the ointment once a day until the peeling process has stopped, which can happen between days 4-14. It is important to wait until the flakes have gone and the skin is fully healed before applying any makeup to the treated area, but remember that everyone's healing process is different and cannot be determined.

It is normal for the color of the brows to appear very dark on the second day, as the healing process begins. The brows typically fade by around 40% after the first session, and remember that the color will not be fully healed until week 4.

## LIP AFTERCARE

After your lip procedure, it is normal to experience swelling, burning, soreness, redness, irritation, and flaking within the first 48 hours.

To ensure proper aftercare, it is important to clean your lips after eating or drinking anything with cool boiled water and a gentle cotton pad, and then apply a thin layer of the provided ointment. It is important to be cautious when eating and drinking – using a straw can be helpful. Additionally, be careful when brushing your teeth. If you are prone to cold sores, it is recommended to take the anti-cold sore medication before your top-up appointment again to prevent an outbreak.

The final healed results of the lips can take up to 6 weeks for the true color to appear. It is important to be patient and follow all aftercare instructions for optimal results.

## EYE AFTERCARE

After your eye procedure, it is common to experience puffiness, redness, and soreness around the eye area, which is normal. If you typically wear contact lenses, it is recommended to wear glasses for the next two weeks to keep the area completely clean.

It is important not to undergo any lash treatments for at least two weeks following the procedure. Additionally, makeup, including mascara, and eyelash curlers should not be used for at least 14 days. Following these guidelines can help ensure the best results and healing process for your eye procedure.