




LASER TATTOO REMOVAL


PRE-TREATMENT AND AFTERCARE ADVICE


We kindly request that you adhere to our pre-treatment and aftercare advice to ensure that your experience at Pro Touch Beauty is nothing short of exceptional. By following these guidelines, you will help us provide you with the best possible treatment and achieve optimal results.

Following these pre-treatment and aftercare guidelines will help ensure that your skin is in the best possible condition for the permanent make-up procedure and promote optimal healing and long-lasting results.

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PRE-TREATMENT INFORMATION

- **Inform Your Technician:** Prior to your appointment, inform the technician about any medical conditions, allergies, or medications you are currently taking. This includes autoimmune diseases, diabetes, blood disorders, and any other relevant health information to ensure your safety during the procedure.
- Patch testing is optional for semi-permanent make up if you would like one please contact the salon at least 24 hours prior to your appointment.
- You must NOT take, vitamins, ibuprofen, aspirin or anti-inflammatories for at least 72 hours prior to booking (unless prescribed)
- If you can please stop taking vitamin supplements 3-7 days before your treatment including fish oil and vitmain e. (unless prescribed)
- **Stop Using Retinol Products:** Discontinue the use of retinol or vitamin A-based skincare products, including creams and serums, for at least one week prior to your appointment.
- Avoid alcohol and coffee intake at least 48 hours prior to treatment
- A patch test is always required at least 48 hours prior to the first session.
- To follow easy aftercare please ensure you wash your hair prior to your appointment.
- Eat before your appointment.
- **Hydrate and Nourish Your Skin** It is important to keep your skin well-hydrated and moisturized in the days leading up to your appointment. Drink plenty of water and use a gentle moisturizer to maintain skin health and enhance pigment retention.
- **Avoid Sun Exposure:** Minimize sun exposure and tanning, including the use of tanning beds, for at least two weeks before your appointment.

WHAT TO EXPECT

Immediately following the procedure the enhancement may display mild redness and occasionally a slight localised swelling. After undergoing laser tattoo removal treatment, it is normal to expect several side effects and changes in the treated area.

These may include:

1. **Redness and Swelling:** The treated area is likely to become red and swollen immediately after the procedure. This is a normal inflammatory response to the laser treatment and should subside within a few hours or days.
2. **Blistering or Crusting:** Blistering or crusting may occur within the first few days after the treatment. This is an indication that the laser has effectively targeted the tattoo ink, causing it to break down. It is important not to pop any blisters, as they will usually heal on their own. Bruising can occur but should subside.
3. **Itching and Dryness:** The treated area may feel itchy and dry as it heals. It is essential to avoid scratching or picking at the skin to prevent infection or scarring.
4. **Mild Pain or Discomfort:** Some discomfort or pain, similar to a sunburn, is normal after laser tattoo removal treatment. Over-the-counter pain relievers can be taken to alleviate any discomfort. Consult with your healthcare provider for specific recommendations.
5. **Changes in Skin Pigmentation:** Temporary changes in skin pigmentation may occur after laser tattoo removal treatment. The treated area may become lighter or darker than the surrounding skin. However, these changes are usually temporary and will fade over time.
6. **Healing Time:** The healing time can vary depending on the size, color, and depth of the tattoo, as well as your individual healing ability. It usually takes several weeks for the treated area to fully heal. During this time, it is important to follow the aftercare instructions provided to ensure proper healing.

AM I SUITABLE FOR TREATMENT?

It is crucial to find out if you are suitable for laser removal before your appointment. It is important to have open and honest communication with your technician to address any concerns or questions you may have and to make informed decisions about your beauty journey.

Clients who would like a laser tattoo removal service need to ensure they are suitable for the treatment before attending their appointment.

If any of the following applies you are NOT SUITABLE to have the procedure and you CANNOT be treated:

- Pregnant or breastfeeding – please wait at least 3 months after
- Under the age of 18
- Suffer from keloid scarring
- Suffer from hemophilia
- Have any infectious, anti-immune diseases
- Blood conditions such as HIV or Hepatitis
- Photosensitive medications
- Have active cold sores, blisters, or skin disorders in the area to be treated

If any of the following applies you can still have the treatment however the following applies:

- Take blood thinners (warfarin) – you need your doctor's written consent (emails accepted)
- Take roaccutane / Antabuse / acne medication – must wait at least 6 months to have treatment
- Epilepsy seizure in the last 2 years
- Had an operation in the last 3 months (including cesareans, breast augmentations etc) must wait 3 months
- 6 weeks pre or post-radiotherapy/chemotherapy
- Had permanent makeup done before elsewhere and is very badly saturated and scarred – a consultation is required.

AFTERCARE ADVICE

- After getting a laser tattoo removal treatment, is important to follow proper aftercare advice to ensure optimal healing and minimize any potential complications. Here are some tips for laser tattoo removal aftercare:
- Keep the treated area clean and dry. Do not pick the area. Avoid using harsh scrubs or exfoliating products.
- After 48 hours you can apply a topical ointment or cream: After cleansing, apply a thin layer of antibacterial ointment or an aftercare cream. This will help keep the treated area moisturized and protected.
- Avoid exposing the area to sunlight: Protect the treated area from direct sunlight or tanning beds. UV rays can irritate and damage the healing skin, and it may also increase the risk of hyperpigmentation or hypopigmentation. Use an spf 50 once healed.
- Avoid picking or scratching: Do not pick at scabs or scratch the treated area, as this can lead to scarring or other complications. Let the scabs naturally fall off on their own during the healing process.
- Avoid strenuous activities: Refrain from participating in activities that may cause excessive sweating or friction on the treated area, as this can irritate the skin and slow down the healing process.
- Wear loose and breathable clothing: Opt for loose-fitting clothing made from natural fabrics to allow proper air circulation and minimize friction on the treated area.
- Avoid swimming and hot tubs: Stay away from swimming pools, hot tubs, or any activities that involve soaking the treated area until it is completely healed. These environments can increase the risk of infection – until healed.
- Follow any additional instructions from your specialist: Your tattoo removal specialist may provide specific aftercare instructions based on your skin type, the size and location of the tattoo, and other individual factors. Make sure to follow their guidelines for the best results.

If you experience any unusual pain, excessive swelling, prolonged bleeding, or signs of infection it is important to contact your tattoo removal specialist immediately for further evaluation and guidance.